



# Revive

in-home cooking class

Hosted by  
**Brittaney Semeschuk**  
Chef



Build confidence in the kitchen and build on your culinary skills, as Chef Brittaney shows you how to prepare 4 fresh and healthy dishes.

Pick 4 out of 6 items from our seasonal menu to cook in your home, with Chef Brittaney as your guide and teacher.

See Menu On Reverse

## Details:

**What:** Chef's Menu In-home Cooking Class

**Includes:** 2 hours of cooking demonstration  
Grocery list (Groceries not included)  
4 recipes

**How:** Email [admin@revivewellness.ca](mailto:admin@revivewellness.ca) to reserve your spot.  
Or phone **780.450.2027**

**\$200** + **GST\***

\*Groceries are not included and must be purchased in advance of session

**Spots are limited, call Revive Wellness to book your spot today!**

# SPRING / SUMMER MENU

Pick 4 of 6



Crispy Chicken and Artichokes



Green Dressing-Marinade



One Pan Pork Tenderloin



Root Vegetable and Leek Gratin



Spring Pea and Mint Soup



Salmon and Asparagus en Papilote