

# The State of Corporate Wellness in Alberta

In a survey conducted with CPHR Alberta members told us this...

**94%** AGREE WELLNESS WILL HELP IMPROVE PERFORMANCE

Yet **51%** OF COMPANIES HAVE A WELLNESS PROGRAM

But Only **18%** ARE VERY SATISFIED WITH THEIR WELLNESS PROGRAM

Organizations believe employees wellbeing is affected by...



AND

Disability Claims are going **up**

HR professionals want **ALL** the boxes checked.

## Wellness Program Wish List

- Increased Engagement
- Increased Productivity
- Increases health & wellness of employees
- Improved morale and culture
- Improved business performance

Yet **68%** DO NOT ENGAGE IN FORMAL EVALUATIONS

THE SOLUTION STARTS HERE

